

Women's Counselling & Emergency Hotline North Friesland

25813 **Husum**

Norderstr. 22

Tel. 04841-62234

Fax. 04841-87912

info@frauennotruf-nf.de

25899 **Niebüll**

Friedrich-Paulsen-Str. 6a

Tel. 04661-942 688

niebuell@frauennotruf-nf.de



Call to make an appointment

Office hours

Mon. – Thurs. 10 a.m. – 3 p.m.

Fri. 10 a.m. – 12 p.m.

Telephone consultations

Mon. –, Wed. & Fri. 10 a.m. – 11 a.m.

Tues. – Thurs. 2 p.m. – 3 p.m.

www.frauennotruf-nf.de



You can also
find us on
Facebook and
Instagram.



Helpline – violence against women

free, anonymous and 24/7

08000 116 016

Information Counselling Psychosocial support Protection from violence

In our work, we focus on giving advice and psychosocial support to women and girls aged 16 and over

- **in crises**
- **with problems with partners, family or at work**
- **with separations and plans to divorce**
- **with questions of social law**
- **with psychological stress**
(anxieties, depressions, etc.)
- **who are affected or threatened by physical and/or psychological violence**
- **who (have) experienced sexualised violence and/or abuse**
- **with cases of stalking**
(harassment, intimidation, being followed)

**We give you free, friendly
and confidential advice!**

We are the only counselling centre for domestic violence in the North Friesland district that is approved according to Art. 201a LVwG. We advise victims, their relatives and support persons as well as any professionals involved.